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## Vital Spy: Sean P. Kelly

We've all been there: staring into the vending machine, struggling to decide what will do the least damage. Enter Sean P. Kelly, Co-Founder of **H.U.M.A.N.**, a vending machine company dedicated to stocking snacks as good for you as they are great-tasting. Kelly's healthy weekend:



"Ideally, I'd wake up and do stand-up paddle surfing in **San Clemente**, then head for the beautiful trail that runs along the Amtrak tracks, winding against a cliff along the ocean." San Clemente Pedestrian Beach Trail, MAP

Back in LA, "I'd go to **Newsroom** for brunch. It may be a little bit trendy, but their catfish and eggs is probably my favorite breakfast in all of Los Angeles." 120 North Robertson Blvd., Los Angeles, (310) 652-4444, MAP



"There's a four-story golf range called **Aroma** in Koreatown. You can literally go golfing in Koreatown! It's part of a spa/fitness center complex." 3680 Wilshire Blvd., Los Angeles, (213) 387-0111, MAP

"I used to be a competitive freestyle snowboarder, and snowboarding is still one of my favorite activities. Just 50 miles from LA, at **Mt. Baldy**, you have 2,100 feet of vertical drop, and can rent cabins that sleep 4-8 people for about \$75. It feels like you're thousands of miles from the city." There's snow place like home.



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